

Pasta Party Special

Makes: 6 Servings

Ingredients

1 1/2 cups canned mandarin oranges

1 1/2 cups raw spinach leaves

3 cups romaine lettuce (cut up)

3/4 cup raw broccoli flowerettes

3/4 cup raw cucumber, peeled

12 ounces spinach pasta spirals (cooked)

12 ounces plain pasta spirals (cooked)

1 1/2 cups Chicken, light meat (cooked)

3 tablespoons vegetable or canola oil

3 tablespoons cider vinegar

1 1/2 teaspoons dry bouillon granules (low sodium)

6 tablespoons honey

3 fluid ounces orange juice

3 tablespoons raw onions, chopped

Directions

- Cook dry pasta for approximately 8-12 minutes; drain and rinse in cold water. (Or use fresh, refrigerated pasta.)
- Combine cut up lettuce, spinach leaves, broccoli, and cucumber in large bowl. Drain mandarin oranges and add to greens along with cooked pasta.
- 3. Cube cooked chicken and keep hot in oven.
- 4. To make dressing, add oil, cider vinegar, bouillon granules, honey, and orange juice to blender or food processor and mix or pulse for 5-10 seconds. Add raw onions to blender and blend until milky.
- 5. Pour over salad in bowl or serve separately.
- 6. Chicken should be served warm on top of salad.



Notes

Serving Tips:

The only difference between 6 and 50 serving ingredient amounts/proportions is that the oil and vinegar on the 50 servings are rounded to 1 1/2 cups each instead of 1.5625 cups